

Program Schedule was as follows

Time	Program
09.00 to 10.00 am	Registration & Breakfast
10.00 to 11.00 am	Welcome address –Dr. Sunita Belgamwar (IAAP Sec. Gen.) Inauguration and Lamp Lighting – Mr. Milind Mhaiskar (Sec. Higher education) ,Dr. Mrs. Mrudula Phadke(Ex. V.C. MUHS), Dr. .K. R. Kohli (Dir.Ayurveda Mh)
	IAAP Presentation (Mission, Objectives, Activities) , Dr. Sunita Belgamwar Chief Guest Speech
Scientific Session I	
11.00 to 11.30 am	<u>Key Note</u> - Current Global and National Child Healthcare Status and Challenges Dr. Mrs. Mrudula Phadke (UNICEF Consultant and Ex-V.C. MUHS, Nashik)
11.30 to 12.00 noon	<u>Key Note</u> - Management of diarrhoeal disorders in children- Dr. T.Y .Swamy. (H.O.D. GAC Osmanabad)
Scientific Presentations	
12.00 to 12.15 pm	Suprajanana-The need of time- Dr.Manoj Gaikwaid
12.15 to 12.30 pm	Suvarna Prashanam –Dr.Renu Rathi
12.30 to 12.45 pm	Management of Respiratory allergic disorders in children- Dr.Nisha Ojha
12.45 to 01.00 pm	Management of Kaphaja Kasa w.s.r. to L.R.T.I. – Dr. Preetham Pai
01.00 to 01.15 pm	Balatisara –Effect of Rajanyadi Churna- Dr. Atul Patil
01.15 to 01.30 pm	Question and Answers
01.30 to 02.30 pm	Lunch
Scientific Session II	
02.30 to 03.00 pm	<u>Key Note</u> – Childhood Sanskara and it’s significance – Prof. Dr. G.N. Tiwari H.O.D- CSMSS Ayurveda_college Aurangabad
Scientific Presentations	
03.00 to 03.15 pm	Research Presentation- Dr.Sanjay Tamoli
03.15 to 03.30 pm	Iron deficiency anaemia in children- Dr. Achyut Bhattacharyya
03.30 to 03.45 pm	Management of RTI in children- Dr.Mahesh Chowgule
03.45 to	Role of Navneeta (Butter) in child Immunity-Dr. Omkar Kulkarni

04.00 pm	
04.00 to 04.20 pm	Tea Break
04.20 to 05.20 pm	Panel Discussion on role of Kaumarbhritya in National Child Health Care (Co-ordination by Dr.S.Belgamwar) <u>Panelist:-</u> Dr.K.R.Kohli, Dr.J.S. Badesha Dr Kishore Saraf, Dr.T.Y.Swamy, Dr. Vijay Gavai , Dr. Tathed Recommendation Document Reading
05.20 to 05.30 pm	Distribution of Certificates and vote of thanks

Scientific Topics on which the discussion happened in this workshop

- Current Global & National Child Health Care Status and challenges
- Contribution of Kaumarbhritya to National Child healthcare under various National programs
- Need of Supraja and concepts of Kaumarbhritya in 21st century child healthcare
- Contribution of Kaumarbhritya in Child Nutrition & Immunity for National programs
- Contribution of Kaumarbhritya in diarrhea/dysentery National programs
- Kaumarbhritya in upper respiratory tract Diseases for reducing morbidity and mortality
- Role of Swastha-vrutta and Panchkarma in preventive child health
- Panel discussion and open house on **“Role of Kaumarbhritya in National and Global management of preventive child healthcare to reduce morbidity and mortality”**

Recommendation document

The following recommendations are put forward by the experts and delegates in this workshop

☐To Establish the lost treasure of “Kaumarbhritya” as was in ancient times.

Presently there is huge scarcity of Kaumarbhritya experts in the academic to answer this crisis following 2 recommendations have come forward

- To increase the P.G seats of Kaumarbhritya in the colleges.
- To appoint Kaumarbhritya experts only as the staff and other faculty experts should not be appointed as Kaumarbhritya staff to prevent degradation of specialization.the other medical systems are going into super specialization and we are going reverse. All the delegates strongly raised their objection to appointing other experts of Ayurveda as Kaumarbhritya experts in colleges.
- To change the ratio of student guide from 2 : 1 to 3: 1 to solve the crisis and make available P.G. Seats more

☐To re-establish preventive and good child health care practices (GCHCP) in public

- To publish lot of public education material on Ayurveda child health care on common problems and their home remedies through IAAP written by the experts of IAAP members and to be distributed through all Balroga clinics of Ayurveda colleges and PHC's.

- Establish specialty model hospital for preventive and curative Ayurveda child healthcare by IAAP in collaboration with one of the college hospital on the PPP mode by all its members as share holders supported and forwarded by Directorate of Ayurveda for funding to Dept. of AYUSH.

☒ To establish institutions for promoting research in Ayurvedic Pediatrics and To establish reference libraries.

- **To Establish center of excellence** in Kaumarbhritya in Maharashtra (with IAAP in collaboration with some college supported by Directorate of Ayurveda MH as no. of colleges are fairly good in MH)
- Increase the research in Kaumarbhritya for establishing the drug line for common diseases with multi-centric clinical trial.

☒ To promote, spread and up gradation of this ancient knowledge and its message by organizing seminars, workshops, conferences, lectures, exhibitions on state, National and international level

1. To organise 2 more workshop in this year on following topic
 - Contribution of Kaumarbhritya in diarrhea/dysentery National programs
 - .Kaumarbhritya in upper respiratory tract Diseases for reducing morbidity and mortality or nutrition /immunity
 - Every year IAAP will conduct National workshop on Kaumarbhritya on 15th Dec. (IAAP Inc. Date) and 2 connected regional workshops for promoting Ayurveda child healthcare.

☒ To print and publish an official journal of the association, books and other related literature.

1. The first official journal will be published during the next National conference. *'Journal of Indian Association of Ayurvedic pediatrics (JIAAP).and* The editorial committee should be formed.
2. To publish e- news bulletin every month on some public education topic and discuss on E- forum through IAAP website like face book, tweeter etc.

☒ To standardize and bring uniformity in teaching of the subject Kaumarbhritya.

To publish comprehensive reference book by IAAP and all colleges on Kaumarbhritya as “ IAAP Text book of Kaumarbhritya” for UG /PG students incorporating all the prevalent global diseases and problems.

☒ To create better opportunities for graduates and post graduates of this specialty

It is Proposed by all the delegates that there should be separate registration No. for all post graduates of Ayurveda including Kaumarbhritya to practice as specialist.

To strengthen Zonal/State infrastructure of IAAP to have national networking .

To increase the membership and set up scientific committee , editorial board , research team, and various small public education programs through the college hospitals on mother-child healthcare under state chapter .

Concluding

It is a well known fact that the future of Nation lies on its children. The healthier child in body and mind, the brighter is the prospects of a Nation. If they are weak and unhealthy, instead of being useful members of society they will be a burden on the economic, social and political progress of the country. So, Child welfare therefore is National problem. Kaumarbhritya being the ancient system of Indian healthcare system has huge potential to contribute in the child healthcare.

Care of the child should not begin, only when it sets foot into this world, but it should begin from the purification of the seed and while inside the womb, because much can be done at this stage. It is also possible that the neglect at this stage may result in irretrievable loss. Antenatal care should be given proper importance.

There should be free interchange of ideas, a free give and take between medical men of different schools not only in India but outside it.

This recommendation document was sent to Dept of AYUSH

The attendance of experts was from all over the country and was phenomenal success.