



BRIEF REPORT ON

2nd National Seminar

"Preventive and curative Ayurvedic therapies for The Respiratory Tract Diseases in Children"

Date : 19th January 2013

Venue : Rajiv Gandhi IT/BT Auditorium Bharati Vidyapeeth Deemed University, Pune

jointly organized by

***Indian Association of Ayurvedic Pediatrics, Pune
Bharati Vidyapeeth Deemed University Pune,
Maharashtra University of Health Sciences, Nashik***

with Co-organizers

***Tilak Ayurved Mahavidyalaya , Pune;
SSAyurveda Mahavidyala ,Hadapsar;
College of Ayurved and Research Centre, Akurdi;***

***Ashtang Ayurved Mahavidyalaya, Pune;
D.Y. Patil college of Ayurved ,Pimpri;
BSDT's ayurved College and research Centre, Wagholi***

IT partner : Adaptive sourcing Pune

Rational

“A healthy and brilliant child is a National wealth”. Tomorrow’s nation is built on today’s healthy child! Ayurveda has recognized these many-many years ago, even before the birth of modern pediatrics. Great importance was given to produce “SUPRAJA” (good progeny) and Pre natal care was given up most importance .

The children are prone for many diseases because of their immature immune system. Majority of diseases in children are Gastro intestinal and Respiratory tract diseases . Billions of dollars are spent across the globe on simple diseases as cough / cold, middle year infections, Diarrhea / dysentery etc. Majority of Viral diseases do not have medicines but still antibiotics are prescribed!. Already taxed body system of a tender child is loaded with many drugs! Including steroids .

WHO Index indicates that highest Morbidity and mortality in children is because of Respiratory tract diseases . This is recorded in Ayurveda thousands of year before,as KAPHA PRAKRUTI is dominant till 12 yrs of age so KAPHA PRADHAN Diseases are common in children.

There are many Effective therapies in Kaumarabhritya (an Ayurvedic Pediatrics)and their implementation can play an important role in preventive, supportive and curative child health care for many respiratory tract diseases in the National and Global child healthcare programs.

The 2nd Seminar highlighted the current global status and challenges faced in child healthcare for ***Respiratory tract diseases*** and important curative and preventive therapies in Kaumarabhritya (Balrog) to reduce morbidity and mortality in children.

The recommendations made in this Seminar from different experts and Panel discussion has brought in front very important therapeutic measures available in Ayurveda .

The Organising Committee was

Dr. Arun Jamkar VC
MUHS Nashik

Dr. K.R. Kohli Director
Directorate of AYUSH Maharashtra

Dr. Abhimanyu Kumar
HOD Balrog ,NIA ,IAAP President
09414779931

Dr. Abhijit Patil
Principal,Bharati Vidyapeeth Deemed University
College of ayurveda ,Pune

Organising Secretary
Dr. Mrs S. Belgamwar ,IAAP Sec. Gen.
09822060478

COMMITTEES

1. Scientific committee

Dr. A. Kumar ,NIA Jaipur
Dr. B.M. Singh ,BHU ,Varanasi
Dr. Kale , Usmanabad / IAAP Tresurer : 09822961494
Dr. P. Pai ,Bharati Pune : 09765417555
Dr. Bhattacharya ,Calcutta

2. Reception /stage / onsite management committee

College of Ayurveda ,Bharati Vidhyapeeth ,Pune
Dr. Gujrati : 09420322740
Dr. Bable :
Dr.Kharat :

3. Hospitality (Food and travel) Committee

Tilak Ayurveda college Pune : Dr. Jaibhai :9422377863
Ashtang Ayurveda college Pune : Dr. Herlekar : 9422500346
Sumatibhai Shah Ayurveda college Hadapsar Pune : Dr.Patwardhan : 9158142486
/Dr. Kadam/Dr. Babar

4. Registration Committee

D.Y. Patil Ayurveda college Pune : Dr. Khawale :9923220055
College of Ayurved and Research Centre, Akurdi, Pune : Dr. Devdas : 9673948413
/Dr. Singh

5. Website Management

Adaptive sourcing, Pune : Mr. Prabhakar Rao

The Schedule of the Scientific Program was

Theam : "Preventive and curative Ayurvedic therapies for 'The Respiratory tract diseases' in children".

No.	Time	Program Schedule
1	9.00 to 10am	Registration and breakfast 125 Experts attended the meeting
2	10 to 11am	Dr. Abhjit Patil Principal Bharati Vidhyapeeth Deemed University ,College of Ayurveda Welcomed all the Dignitories and Delegates . The Seminar was Inaugurated by lamp lightening & Dhanvantari Stavan by Chief Guest Dr. Arun Jamkar (Vice Chancellor Maharashtra University of Health Sciences , Nashik, Maharashtra state) The Souvenir cum All India Kaumarbhritya Experts Directory was inaugurated by Guest of Honour Dr. S.F. Patil (Ex. V.C. Bharati Vidhyapeeth Deemed University Pune) Followed by their Addressing speeches and Vote of thanks by Dr. Sunita Belgamwar (IAAP Sec. General)
		Session I

3	11.00 to 11.30	<p><i>The Key note Address was delivered by</i> Dr. Bill Brashier (Technical Director, Chest research foundation India Pune)on <i>"Global status of Respiratory tract diseases ,morbidity and mortality indices and current therapeutic modalities"</i></p>
4	11. 30to 1.30pm	<p>Scientific papers were presented on <i>"Curative therapies in Ayurveda for Respiratory Tract Diseases in children"</i> by the Six presenters</p>
5	1.30 to 2.30pm	<p><i>Lunch break</i></p>
		<p>Session II</p>
6	2.30 to 3.00 pm	<p><i>The Key note address was delivered by</i> Prof. Abhimanyu Kumar (HOD dept. of Balrog, NIA Jaipur) on <i>"Preventive therapies in Ayurveda to reduce moratlity and morbidity for Respiratory Tract Diseases in children"</i></p>
7	3.00 to 4.00pm	<p>The Scientific papers were presented on <i>"Preventive therapies in Ayurveda for Respiratory Tract Diseases in children"</i>by the six presenters .</p>
8	4.00 to 4.20pm	<p><i>Tea Break</i></p>
9	4.20 to 5.20 pm	<p><i>The Panel Discussion was on</i> <i>"How to incorporate ayurvedic curative and preventive therapies in National Healthcare Program"</i>. The Panelists were : Dr. P.K.Dash(Prof&H.O.D Yashwant Ayu.Coll. Kodohli)Dr. T.Y. Swami (Asso. Prof.govt. Ayu.Coll. Nanded) Dr. K. Dinesh (Asst. Prof. Vaidyaratnam P.S. Ayu. coll. Kottakal) and Dr. S.D. Sharma Practioner Delhi The panel discussion was coordinated by Dr. Sunita Belgamwar It was unanimously decided to Develop Standard Protocol for Reactive airways disease and Conduct Multicentric trials in 6-7 Ayurveda colleges having Kaumarbhritya P.G. Seats across India to arrive at best therapeutic modalitiy for RAD to be adapted Nationwide.</p>
10	5.20 to 5.30pm	<p><i>The Valedictory function was inaugurated by</i> Chief guest : Dr. Doiphode , President Rashtriya shikshan mandal &Ex. Dean Ayu faculty University of Pune Coordinated by <i>Dr. Herlekar HOD Balrog Ashtang ayurveda college</i> <i>The full day report was delivered by Dr. Anil Kale (HOD Balrog, govt. College Usmanabad)</i> <i>and Vote of thanks was delivered by Dr. Deodas ,HOD Balrod ,College of ayurveda Akurdi</i></p> <p><i>IAAP DECLARED LAUNCHING OF FOLLOWING SERVICES ON THE WEBSITE</i></p> <ol style="list-style-type: none"> <i>1. E-JOURNAL FOR EXPERTS</i> <i>2. DRUG STORE FROM APRIL</i> <i>3. SUPRAJA TRAINING PROGRAM</i> <i>4. ALL INDIA KAUMARBHRITYA EXPERTS DIRECTORY (FIRST TRIAL EDITION)</i>

The Topics of the scientific papers and Poster presentations of the Seminar were

Curative therapies in Tamak Swas (Asthama)

Panchakarma in Respiratory tract diseases

Rasayana chikitsa for prevention of Respiratory tract diseases

Allergic respiratory tract diseases management by ayurvedic therapies

Preventive and curative therapies for upper respiratory tract diseases

Application of ayurvedic concepts in newer respiratory tract diseases like H1N1,H5N1,SAARS

Dinacharya ritucharya to prevent respiratory tract diseases

Diet management during Respiratory tract diseases

Emergency management by Ayurveda therapies.

The scientific committee received 45 Scientific papers out of which 14 were selected for ORAL

<u>LIST OF ORAL PRESENTATIONS</u>				
<u>Session -1</u>		Time : 11.30-1.30 P.m		
S. No	Title of the Paper	Presenter's Name	Guide Name	Name of College
1	Study the effect of "Amritdhara" in Shwaas Vyadhi used as an aerosol in wheeze W.S.R. to its bronchodilator effect.	Dr. Sandeep Nikam	Dr. Rahul Gujarathi	Bharati Vidyapeeth college of Ayurveda, Pune.
2	Effect of Shvasahara Avaleha in the in children .	Dr.Arun Raj GR	Dr.Prasanna N.Rao Dr.Shailaja U	SDMCAH, Hassan, Karnataka,
3	A Clinical and Teratological study of shvasa kasa Chintamani Rasa	Dr.Shilpy Gupta	Dr.B.M.Singh	IMS- BHU varanasi
4	A case study on atropnic rhinitis to reduce morbidity and mortality in the Respiratpry tract diseases	Dr. Deepti A. Kurubar	Dr. B.T. Munnoli Dr. savita Angadi	KLE University's shri BMK Ayurveda mahavidyalaya Shahapur, Belgum.
5	Study of the action of Syrup Shati compound in relieving the symptoms of dry cough in children.	Dr. Sharvari Deshpande	Dr. Shaileja U Dr. Reena Kulkarni	SDMCAH, Hassan, Karnataka,
6	Study the efficacy of dusparshadi leha on kasa in children (age 1 year to 5n year)	Dr.Prashant Pawar	Dr.J.A. Nandgaonkar	Bharati Vidyapeeth college of Ayurveda, Pune.
<u>Session -2</u>		Time : 3 -4 p.m.		
No	Title of the Paper	Presenter's Name	Guide Name	Name of College
1	Critical Analysis of Charakokta Mahakashaya in the management of Respiratory Allergic Disorders .	Dr.Nilesh Ingale	Dr. Nisha Ojha Dr. Abhimanyu Kumar	National Ayurved Institute of Ayu. Jaipur
2	Effect of Swarnamritaprashana in recurrent attacks of kasa	Dr.Rushikesh Tikole	Dr. Prasanna N.Rao Dr.Shailaja U	SDMCAH, Hassan, Karnataka,
3	Clinical study of Immunomodulatory effect of an AyurvedicCompound (Kashyapokta Leha) in recurrent Urti in Children.	Dr. Jyotsna Ahir	Dr. P.K.Dash	Yashwant Ayurvedic College P. G. Traning & research Center, Kolhapur.
4	"The clinical study on thamaka shwasa with tamboola avaleha on balas"	<u>Dr Arya T U</u>	Dr. Shaileja U	SDMCAH, Hassan, Karnataka,
5	Study on the effect of virechana & kantakaryavaleha in the managment of chilhood asthma	Dr. Sharashchandra R	Dr.Shital Desai Dr.Reena Dr. Shaileja U	SDMCAH, Hassan, Karnataka,
6	Role of Pratimarshya nasya in Recurrent respiratory tract infections	Dr.Onkar J. Kulkarni	Self	Head, department of Balroga,
7	Exploring the role of Ayurveda and medicinal plants as a preventive tool	Dr. Kalyani	Dr. Jaibhai ,	Ashtang Ayurveda college H.O.D Balrog

presentations ,the list is as follows.

There were 15 posters presentations .

No	Title	Presenter's Name	Guide Name	Name of College
1	A role of dincharya & Rutucharya to prevent respiratory tract disease	Dr. Megha. S. Chavan	Dr. C.Y. Bangarwar	YMT Ayurved College & Hospital, Mumbai
2	Ayurvedic management of respiratory disorder-kajain children	Dr. Snehalata D. Bagal	Dr. Kranti Metkar	YMT Ayurved College & Hospital, Mumbai
3	Ushnodaka- A remedy for respiratory tract Diseases in children.	Dr Swati H Deshmukh	Dr Deepa R. Kale	YMT Ayurved College & Hospital, Mumbai
4	Upper respiratory tract infection	Vd. Pramod Hase Vd. Ameya Gune Vd. Sagar darekar	Dr. Kishore V. Saraf	Sidhakal ayu mahavidyalaya sangamner
5	Diet management in pranavah strotas vikar in children	Dr Ujjwala D. More	Dr. C.Y. Bangarwar	YMT Ayurved College & Hospital, Mumbai
6	Role of madhu in the management of pranavaha strotas Vikara	Dr. Jyoti R. Jangale	Dr. C.Y. Bangarwar	YMT Ayurved College & Hospital, Mumbai
7	Evaluation of rasayan property of Ayurvedic compound in respiratory tract disease	Vd. Pravin G. Jagatp	Dr. Minal Vaidya.	YMT Ayurved College & Hospital, Mumbai
8	Managment of respiratory allergic disorders in children by use of aravindasav.	Dr. Komal S. Raut.	Dr. B.D. Gharjare Dr. G.D. Pol	YMT Ayurved College & Hospital, Mumbai
9	Rasayana chikitsa for prevention of Respiratory tract diseases	Dr. Rathi Monali	Mrs. Hemlata Jalgaonkar	Ashtang Ayurved Mahavidyalaya
10	Ayurvedic measures in preventive & curative as part of childhood recurrent upper respiratory tract infection (pratishyaya).	Dr Vinayak G Galatage	Dr .Puranikmath MC Dr. Arbar AA	KLEU sri BMK Ayurveda mahavidyalaya Belgaum -Karnataka)
11	To evaluate the mode of action of pippalyadi awaleha in tamakashwasa	Dr. Prafull S.	DR. MINAL VAIDYA	YMT Ayurved College & Hospital, Mumbai
12	Role of Ahar (diet) on decreasing morbidity in children with tamak shawasa (bronchial Asthma)	Dr. Kusum Lata Yadav	Prof. Abhimanyu Kumar	National Institute Of Ayurveda , Jaipur
13	Ayurveda- the effective solution for Childhood asthma	Dr. Bhushan Chavan	Dr. B.T. Munnoli	KLEU sri BMK Ayurveda mahavidyalaya Belgaum
14	Effect of amritadi lozenges in the tretment of kaphaja kasa in children	Dr Nabisab Kamatnur	Dr Shailaja Rao	SDMC&H, Hassan
15	An Ayurvedic Approach towards the childhood tuberculosis.	Dr Amol patil	Dr .B.T. Munnoli.	KLEU sri BMK Ayurveda mahavidyalaya Belgaum

IAAP look forward to have your participation in the Next National Conference scheduled in JAN 2015 at *SDM College of Ayurveda ,Hassan,Karnataka,India .*

Please visit www.iaapindia.info for further details

Thanking All for a great success of Second National Seminar .

Regards

Dr. Sunita Belgamwar
Sec. Gen.

IAAP